3/31/18

To whom this may concern,

I am an adult college student in Nursing Program going at Trocaire College (www.trocaaire.edu).

Christopher McGrath helped me complete my multiple Term Papers (scientific research reports) on topics relating to medical/clinical studies. These chronological assignments required me to pick high-level scholarly published journals in my college online library source. First, to pick the right papers from that highly challenging source was overwhelming. All papers were written in highly scholastic tone, difficult to comprehend terminologies exclusively relating to science, math, and medicine. Second, for an inexperienced and untrained person, reading and making reports on those highly scholastic research reports in allotted due time was almost impossible. In addition, I am a practicing employed nurse, and a family mother of two children. We worked on the following:

**TOPIC**: Smoking cessation and weight gain.

**Research Article1:** Sharon M Hall, Dorothy Ginsberg, and Reese T. Jones. (Jun 1986). Journal of Consulting and Clinical Psychology. Retrieved from <https://search-proquest-com.ezproxy.trocaire.edu/psycarticles/docview/614299619/8BC05414A7CA4D0FPQ/3?accountid=25948#s12>. Also available at: <https://aaw.link/professional-profile/>[Fat-concentration-in-diet-affect-haemostatic.pdf](https://aaw.link/professional-profile/Fat-concentration-in-diet-affect-haemostatic.pdf)

**TOPIC**: How body weight and fat concentration in diet affect blood haemostatic (coagulation).

**Research Article2:** Else-Marie Bladbjerg, Thomas M. Larsen, Anette Due, Jorgen Jespersen, Steen Stender, and Arne Astrup. (2010). British Journal of Nutrition. Retrieved from <https://search-proquest-com.ezproxy.trocaire.edu/central/docview/816191388/fulltextPDF/519E1D890CB84C7FPQ/2?accountid=25948>. Also available at: <https://aaw.link/professional-profile/>[Smoking-Cessation-and-Weight-Gain.pdf](https://aaw.link/professional-profile/Smoking-Cessation-and-Weight-Gain.pdf)

I was skeptical at first to meet with him and at his abilities. I quickly dropped all my fears and doubts as soon as I met him in person. I was surprised with the existence of such scholarly person, and his home-office research lap right in our neighborhoods in the city of Buffalo, NY.

I positively summarize his qualities with the following outlines:

* Competent
* Punctual and reliable
* Friendly and professional.

It has been a pleasurable experience to have found Chris to work with for these term papers. I completely trust him and please feel free to call me or email me at the contact info below if you have any further question to verify my recommendations.

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